

SAP Student Assistance Program

The Student Assistance Program (SAP) is a voluntary, confidential and complimentary counselling service which is dedicated to providing students with free and confidential counselling services to help with their mental health and well-being.

The program is aimed at helping students address an array of life challenges, ideally before they become distractions that affect home life as well as studies.

The service provides 24-hour Access across Australia, 7 days per week, 365 days a year.

Common issues that students can receive assistance with includes:

- ✧ Personal issues
- ✧ Work/life effectiveness
- ✧ Relationship issues
- ✧ Grief & Loss
- ✧ Interpersonal conflict
- ✧ Working relationships
- ✧ Substance abuse
- ✧ Financial concerns
- ✧ Trauma
- ✧ Depression
- ✧ Anxiety

To arrange an appointment please contact us.

Phone:

- ✧ **1300 130 130 (AU)**
- ✧ **08 00 44 9127 (NZ)**
- ✧ **+61 444 563 823 (International)**

Email:

- ✧ enquiries@daccordoas.au



D'Accord OAS Services

24-hour Access across Australia

Students can contact the service **24 hours per day, 7 days per week by phoning the 1300 130 130_toll free number in Australia, 08 0044 9127 in New Zealand, +61 444 563 823 Internationally.**

During business hours in Australia, our Intake Team will assist the caller in making an appointment to suit their specific needs.

After hours our trained consultant will respond to calls and provide immediate support if required, alternatively they will arrange for the Intake Team to return their call during business hours.

Immediate response:

Urgent requests for counselling can be provided ***within 24 hours or same day immediate telephone or online counselling***. Phone support can usually be arranged within 15 minutes.

Client Intake Process Flowchart

