D'Accord
occupational assistance services

www.daccordoas.au

enquiries@daccordoas.au

Financial Counselling

D'Accord OAS have a range of clinicians and financial counsellors available to offer you emotional support, financial guidance and strategies. Please call us on 1300 130 130 to be connected with one of our clinicians.

What is financial counselling?

→ Financial counsellors offer tools and resources, guidance, and accountability to encourage clients to make self-directed behavioural changes that move them closer to their goals. Financial counsellors strive to gain rapport and empathise with clients' current financial circumstances and attitudes.

→ Financial counselling services are non-judgmental, free, independent, and confidential.

What do financial counsellors do?

→ Financial counsellors help people to:

- understand which debts are priorities
- develop budgets and money plans
- understand the pros and cons of different options to manage financial issues
- access grants or concessions
- assist with creating budgets and allowances
- help you to gain control of your finances
- access dispute resolution services
- Prepare a spending plan
- understand their rights and access legal help.

→ Financial counsellors have specific knowledge about the credit, bankruptcy and debt collection laws, concession frameworks and industry hardship practices. They're also trained in negotiation and counselling and offer emotional support and a listening ear when people really need it.

D'Accord OAS Employee Assistance Program

D'Accord OAS provides professional and confidential financial counselling. In addition to this, we also provide support for work related or personal issues that may be affecting you.

We provide face to face and telephone counselling during business hours or crisis telephone counselling 24 hours a day.

Our services are 100% confidential. Each session is run by qualified and experienced professionals who will tailor each session to your individual needs.

We provide a friendly and supportive environment with non-judgmental and unbiased counselling to all program users regardless of cultural and religious backgrounds.

You have access to sessions through your EAP, that can be used either face to face or over the phone/ online.

Will anyone know that I've been to EAP?

No one from your organisation will know that you have received counselling. No information about you will be disclosed to your employer or anyone else. If your clinician believes it would be beneficial to speak with someone about your situation, they will ask for your written permission before they do so.

Our Psychologists and Counsellors are well equipped to assist you through whatever circumstance you are facing that is impacting your emotional wellbeing. We are here to support you 24/7.

For free professional and confidential counselling please call us today on

1300 130 130

www.daccordoas.au